



## Body - with Maria Nepembe Application Form

This application form is detailed, to provide a comprehensive idea about the applicant and determine suitability for the "Body" reality show series. Please answer all questions on the form truthfully and make sure that all answers are legible. The applicant shall be disqualified if it is discovered that the applicant has deliberately been untruthful or withheld relevant information.

**Note that applicant must be between the ages of 18 - 50 and must be a Namibian citizen or have proven permanent residence status in Namibia. The information provided shall not be used for any other purpose, other than the selection for the reality show "Body"**

---

### Information for Applicants

**Applicant 1: Please read, sign and date the following statement:**

I hereby acknowledge and confirm that:

1. I am aware that Namibia Broadcasting Corporation ("the Producers") will consider the information supplied by me in this document for purposes of considering me as a participant in the **BODY with Maria Nepembe** production.
2. I have read and agree to be bound by the conditions set out in this document titled BODY with Maria Nepembe - Information for Applicants;
3. I have answered all of the questions on the application form fully, honestly and accurately and I confirm that have not misled or attempted to mislead the Producers in any way as to my identity, experiences or in any other way;
4. If any of the information I have given in the application form is found to be false, the Producers will be entitled to exclude me from the BODY with Maria Nepembe participant selection process or at any other stage of the production.
5. If I am short listed by the Producers, I am prepared to undergo a possible psychological and compulsory medical screening. I understand that the full details of this will be explained to me in advance.
6. If I am short-listed I authorize the Producers to conduct background checks in order to verify any of the information I have supplied.
7. Even if I am selected as a participant, the Producers have no obligation to produce the programme and even if the programme is made there will be no obligation on the Producers or any broadcaster to broadcast it.
8. All decisions by the Producers concerning selection of the participants are final and no reasons will be given. I agree not to challenge or appeal those decisions.
9. I will keep strictly confidential and will not, without the prior written consent of the Producers, at any time from the date I sign this application form and for twelve (12) months following the first transmission on television of the final episode of BODY with Maria Nepembe, disclose, publish or reveal to any person any incident, conversation or information concerning the series or the application/selection process which comes to my knowledge as a result of my inclusion in the participant selection process and/or the BODY with Maria Nepembe series, if selected, nor other information relating to the other participants, consultants, sponsors or partners acquired by me during this period, without consultation with the publicity organs of the Producers or any of the participants and consultants, sponsors or partners.
10. If I am selected to participate in the BODY with Maria Nepembe production, I agree to enter into a formal agreement with the Producers and/or any other relevant party, the terms and conditions of which will be necessary to protect the rights of the Producers and/or such other entity involved in the production of BODY with Maria Nepembe show. If I am short-listed but not selected as a contestant, I hereby assign NBC and its partners and sponsors the right to use my photographs, likeness, profile, voice, sound effect, caricature, literary, artistic and musical materials and the like for purposes of the Programme and/or any related publicity and marketing, which NBC, its partners and sponsors accept.
11. I am not an employee of NBC.
12. I am a legal Namibian citizen or Permanent Resident Visa Holder.
13. I am 18 years of age or older.

**Signature:** \_\_\_\_\_

**Date:**     /     /2018

**Name (please print):** \_\_\_\_\_



- Completed forms can be dropped off at the NBC offices countrywide as listed below
- Windhoek: Content Hub Department, Cullinan Street, Northern Industry
- Or email [pshilongo@nbc.na](mailto:pshilongo@nbc.na) and [jtsaraeb@nbc.na](mailto:jtsaraeb@nbc.na) for further information.

Please attach **one passport sized colour photo** of yourself plus **one full-length colour photo** in the space provided below as well as a certified copy of your ID or Passport.

**IMPORTANT INFORMATION ABOUT THE USE OF YOUR DATA**

If you are short listed during the selection process, the Producers will ensure that any information provided for the purpose of producing BODY with Maria Nepembe Reality Series will be kept secure and treated with confidentiality. Any disclosures of information will only be made with your permission or in terms of this application form.

However, if you are selected to participate in the BODY with Maria Nepembe reality series, the Producers reserve the right to use any of your details and information supplied by you for the purpose of the BODY with Maria Nepembe reality series, publicity and broadcast, the only exception being your address and contact details.

The Producers shall retain the application forms of candidates for future related use when, for example, producing similar shows if you have been short listed.

Full-length colour snap of yourself.

Please tick the box to indicate that you are happy for this to happen

Colour Passport photo



## 1. YOUR BIOGRAPHICAL INFORMATION

First name(s): _____	Surname: _____	
Nickname? _____	Maiden name: _____	
Age: _____	Height: _____	Weight: _____
Date of Birth: _____	ID Number and/or Passport Number _____	
Place of Birth: _____	Nationality of Passport _____	
Please indicate whether you are:                      Male <input type="checkbox"/> Female <input type="checkbox"/>		
Home language: _____		
Other languages you speak: _____		

### 1.1

Postal address: _____ _____ _____	Residential address: _____ _____ _____
Day phone number: _____ (Please provide country & area dialing codes)	Home phone number: _____
Mobile phone number: _____	E-mail address: _____

## 2.

Have you ever been on TV before?                      Yes <input type="checkbox"/> No <input type="checkbox"/>
If the answer is yes, this does not necessarily mean you are excluded from consideration. Please provide details of your previous television appearances, including the names of programmes, broadcast dates and broadcaster.
_____ _____ _____

## 3. WHO YOU ARE

Each of the following questions should be answered in 100 words or less, except where indicated.

### 3.1 Describe yourself.

_____ _____ _____
-------------------------

---

---

---

---

---

---

---

---

**3.2 Are you:**

In a committed relationship	<input type="checkbox"/>	Married	<input type="checkbox"/>	Other	<input type="checkbox"/>
Involved but still looking	<input type="checkbox"/>	Separated	<input type="checkbox"/>	Explain _____	
On the look out	<input type="checkbox"/>	Divorced	<input type="checkbox"/>		
Happily single	<input type="checkbox"/>	Widowed	<input type="checkbox"/>		

**3.3 What has been the highpoint and low point with your bodyweight?**

**Highpoint:**

---

---

---

**Low point:**

---

---

---

**3.3.1 When did your issues with your bodyweight start?**

---

---

---

---

---

---

---

---

**3.3.2 What triggers your bad eating habits?**

---

---

---

---

---

---

---

---

**3.4 What is the worst comment anyone has ever made to you about your bodyweight?**

---

---

---

---

---

---

---

---

**3.4.1 Apart from doing this for yourself, who else do you want to impress or show off your transformation to and why?**

---

---

---

---

---

---

---

---

---



---



---

**3.5 What habits of yours irritate other people the most?**

---



---



---

**4. YOU AND OTHERS**

Each of the following questions.

**4.1 Who is your support structure (family and friends)**

---



---



---



---

**5. YOU AND THE SHOW**

Each of the following questions should be answered in 50 words or less, except where indicated.

**5.1 I want to be in the BODY reality series boot-camp house because . . .**

---



---



---



---

**6. YOUR HEALTH AND LIFESTYLE**

Do you participate in any recreational activities?

---



---

Do you smoke?                      Yes        No                          If so, how many per day?                      \_\_\_\_\_

Please indicate if you have any special dietary requirements (e.g. Vegan, Vegetarian, kosher, Halaal, Banting etc.)

---

**6.1 Your responses to the following questions will not exclude you from consideration.**

Do you have chronic health problems (allergies, diabetes etc.)?                      Yes        No   

If the answer is yes, please provide details of the ailment(s).

Would you consent to a HIV test?                      Yes        No   

Have you ever consulted a mental health professional?                      Yes        No   

If the answer is yes, please explain why the consultation was necessary.

---



**6.2 Is there anything else we should know about you? Please volunteer any further information, both positive (you may have won some important awards) and negative (you may have a criminal record) that you believe we would want to know about and that is likely to emerge in the background check.**


**Note:**

**Please contact NBC office with regards to alternative BODY reality series application form collection points.**